

40685 John Mosby Hwy Aldie, VA 20105 Phone: 571.367.4555 www.sproutcenter.org

2024 ATLANTO-AXIAL INSTABILITY ASSESSMENT

Dear Health Care Provider:

The presence of Atlanto-Axial Instability (AAI) is a contraindication for mounted equine activities. In order to participate in mounted activities, all individuals with Down Syndrome must document the following on an annual basis:

- Yearly medical examination including a complete neurologic exam that shows no evidence of AAI or decrease in neurologic function.
- Certification by a physician that an examination did not reveal atlantoaxial instability or focal neurologic disorder.

This is to certify that my patient, (name) had a complete neurologic exam that did not indicate any symptoms consistent with Atlanto-Axial Instability or a focal neurologic disorder.	
REMARKS:	
Physician's Name:	_ License/UPIN Number:
Physician's Signature	Date

Please email this form to office@sproutcenter.org, mail form to PO Box 8, Aldie, VA 20105 or fax form to (571) 668-4470



Dedicated to providing equine assisted activities and therapies